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Debbie Feit, Newsletter Editor



JFS ANNUAL MEETING

Look! Up in the sky. It's a bird. It's a plane.
It's...our annual meeting!

The superhero theme was a natural fit, given that we honored the memory of Patti Nemer, ^{Z"l} a "Wonder Woman" in her own right who was a founding member of the Jewish Women's Foundation and the driving force behind the creation of the Jewish Coalition Against Domestic Abuse, Cancer Thrivers Network for Jewish Women, and other vital programs. Patti passed away in 2013 after her battle with cancer, but not before having her own source of inspiration—Wonder Woman—tattooed on her forearm. Our Employee of the Year award has also been renamed in her honor thanks to the generosity of her mother, Ilene Nemer ^{Z"l} of blessed memory.

We also recognized the feats of Sheldon Stone, who completed his three-year term as board president, and welcomed Don Rochlen to the role.



**JFS
SUPERHEROES**

Volunteer of the Year Kathie Park
Mentor of the Year Barry Rubin
Community Partner of the Year Art Van Furniture
Lifetime Achievement Award Alex Goldberg
Patti Nemer Employee of the Year Julia Kessler-Hollar

GIVING KIDS a way to GIVE BACK

Learning a Torah portion is hard.
But choosing a mitzvah project has never been easier.



Because We Care, a volunteer program of JFS, provides kids with monthly hands-on service opportunities that allow them to give back to the community—and have some fun. Activities include decorating the sukkah at JFS, creating Hanukah crafts through our Adopt a Family program, making a seder for Holocaust survivors and so much more. Participate every month or sign up for those projects that interest you most.

Kids can also take advantage of many other opportunities and suggestions from JFS, including fundraising through our online platform (crowdrise.com/groundswellbyjfs), assembling themed care packages for JFS clients, collecting tzedakah, and creating centerpieces with an eye toward donation as well as decoration.

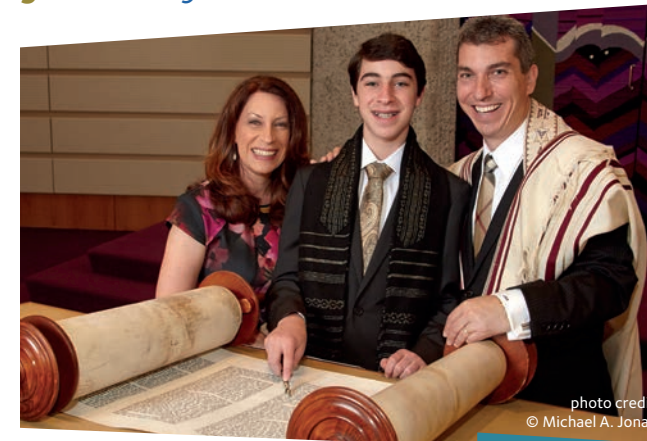


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Rather than flowers or balloons for Elan's bar mitzvah party, Rabbi Joey and Susan Krakoff helped their son create centerpieces using brand new sneakers that were later donated to people that JFS serves. How did the idea come about? "Elan's a sneaker kid. That's his thing," Susan said. "We thought this would be a good mitzvah project for him to help other children who might not have the same opportunity to own new sneakers."

For more information, including the monthly schedule, visit www.jfsdetroit.org/becausewecare or contact Vicki Sitron at vsitron@jfsdetroit.org or 248-592-2325.

CARDS that do MORE

Birthdays. Holidays. Any day. Show your loved ones you're thinking of them with one of our new tribute cards. Sending them is simple— you customize the message, we'll mail the cards! All proceeds go toward helping community members in need.

Order yours at www.jfsdetroit.org or call Jenny Kabert at 248-592-2339.



90.7% of our revenue goes toward program expenses. It's just one reason we've earned the highest, 4-star rating for 3 consecutive years.



AT YOUR SERVICE in so many NEW WAYS

Assistive Technologies

If your loved ones include an older adult living alone, or you yourself are an independent older adult, peace of mind can be yours at the press of a button. JFS provides financial assistance to those in need of an emergency response system, as well as other assistive technologies such as medication management dispensers, floor sensors and phone amplifiers. It's just one of many services we offer to help older adults remain in their homes.

Psychological Testing Services

How is your child doing in school? If you have any academic or social concerns, JFS offers psychological testing on a sliding scale for kids ages 6-16.

Mental Health First Aid Workshops

In any given year, about 1 in 5 adults in the U.S. experiences mental illness. And only 20% of children and adolescents with mental disorders are identified and treated. But you can help — sign up for this in-person training or request a trainer to come to your organization and learn how to identify and respond to people in crisis or who may be developing a mental illness. If you feel that a loved one is in need of counseling, JFS provides that as well.

Cancer Thrivers Network for Jewish Women

Enjoying life to its fullest. That's the goal of Cancer Thrivers, a group open to Jewish women who have been diagnosed with any kind of cancer, at any time in their lives. Please join us for enriching monthly activities that include book club, knitting group, lectures and, of course, schmoozing.

Cognitive Wellness Classes

It's not enough for us to be physically active; our brains can also benefit from a little exercise. Consider joining us for Mind Aerobics, a 12-week program (starting October 7th) designed to help older adults maintain cognitive wellness in the areas of memory, attention span, problem solving skills and more.

More information? Contact the JFS Resource Center at 248-592-2313 or resourcecenter@jfsdetroit.org.

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

At least 1 in 5 families in our community is affected by domestic violence. The Jewish Coalition Against Domestic Abuse (JCADA) is working to advocate for and raise awareness of this destructive issue...because we should all expect respect.

If you or someone you know needs help, including a safe place to stay, contact JFS at 248-592-2335 (8:30a.m.-4:30p.m.) or HAVEN's 24-hour crisis line at 248-334-1274.



To volunteer, visit jfsdetroit.org/volunteers.
To make a donation, visit jfsdetroit.org/support-jfs.

PEEK
inside
JFS



Our services make a real difference in the lives of the people we serve. If you're interested in learning just how we do that, contact Amy Singer at asinger@jfsdetroit.org or 248-592-3975 to join us for an insider's peek at JFS.



Take a SMALL STEP. Make a BIG DIFFERENCE.

125 wishes granted

Snapping the turkey wishbone on Thanksgiving is a tradition for most. And thanks to our annual **Goldberg Thanksgiving Distribution**, 125 families that wouldn't otherwise, will get to enjoy that small moment—and much more.

For the past 37 years, JFS volunteers have ensured that the people we serve are able to celebrate and enjoy the holiday with complete kosher Thanksgiving meals. It's a generous tradition started by the Goldberg family and carried out today by Nate and Nancy Goldberg and family.

Rather than bringing your host a gift this year, consider donating \$50 and give a meal in their honor.

Rake. Repair. Refresh.

It's that time of year. The leaves turn. Cider is served. And hundreds of rake-wielding volunteers descend upon metro Detroit.

It's our annual **Fall Fix Up**. Last year, more than 400 volunteers came together to assist homebound and elderly neighbors prepare for winter. Leaves were raked. Windows were washed and winterized. People were helped. Consider joining us on **November 8th** and make a difference.

Open your heart so that others may open a gift

Can you imagine celebrating the holidays without the fun of unwrapping a gift? We can't either. Which is why our **Adopt a Family** program works to ensure that more than 700 people in need have a holiday gift to open. Whether you'd like to shop for a specific family or individual, donate gift cards, or make a general donation to the program, your act of kindness will be a true gift to those we serve

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