



Graham & Sally Orley and Joseph & Suzanne Orley Building
6555 West Maple Road·West Bloomfield, MI 48322
Phone 248.592.2300
Fax 248.592.2310

Crown Pointe Office Center
25900 Greenfield Road·Suite 405·Oak Park, MI 48237
Phone 248.592.2300
Fax 248.592.2627

Psychological Testing For Children- What Should I Expect?

- 1) **An Initial Meeting with the Psychologist:** A 1 hour meeting will be scheduled with the Psychologist. After school appointments may be available.

For Optimum Success:

- **All primary caregivers** should attend this meeting. If this is not feasible, the adult who spends the most direct contact time with the child should attend. The Psychologist will then attempt to reach the other primary caregiver(s) by phone.
- Depending on the age and circumstances of your child, they may be invited to attend.
- **Information** about your child's medical, psychological and neurological history, past and present school performance, and overall functioning will be asked for.
- **Specific questions** that the parents and other professionals who are treating the child have, will be discussed and an individualized assessment will be created.
- **All previous psychological testing results** should be brought to the initial meeting. Some tests cannot be repeated within a reasonable amount of time, but still need to be integrated into the final recommendations.

- 2) **"Homework" to be completed outside of session time:**

- The Psychologist needs to understand how your child has been functioning in both their home and school settings. Thus, questionnaires will likely be provided for parents and teachers to fill out.
- Depending on your child's age, they may also be given self-report measures to complete.
- Parents will also be asked to bring in copies of any prior testing that has been done for the examiner to review.
- Release of Information forms will be provided so that the Psychologist may speak to others in regards to your child. In order for the Psychologist to receive information from or give any information to a pediatrician, teacher/school staff, therapist/counselor, or even another family member, who is not a guardian, a Release of Information must be signed prior to the Psychologist speaking with this person. This information can be very helpful to make a complete assessment of your child.

3) Completing a Series of Tests:

- The specific amount of time needed to complete the testing depends on your child's age and the questions that are being addressed. In most cases, a comprehensive evaluation requires 7-12 hours of testing. Testing is normally broken down into 2-4 sessions. The number of sessions depends on the age and temperament of your child. This time is necessary in order to properly and thoroughly assess all aspects of your child's functioning.
- Depending on the specific assessment questions, testing will include areas such as: IQ, achievement, cognitive abilities such as attention, information processing, executive functions, memory, and language functions, as well as, personality structure and current symptomatology.
- Testing is provided by Jewish Family Service at our Oak Park office and testing sessions generally begin at 8:30am and generally run until 12:30pm.

4) A Comprehensive, Integrated and Interpretive Report:

- The final report will list test scores, as well as, offer recommendations. The Psychologist will discuss and explain the findings, and then interpret them within the context of answering the assessment questions.
- Any discrepancies within the data and with prior testing will be addressed and explained.
- Specific and detailed recommendations for intervention and treatment will be included.
- Results will be given to parents approximately one week after all testing data is received (including parent and teacher reports and any other outside data collected).

5) A Review and Feedback Session of the Results:

- A comprehensive Psychological Evaluation is long and often complex. Parents will meet with the Psychologist to review the findings, and to ask any questions that they may have about the report.
- Many parents have questions that arise after the review session, and the Psychologist will be available to answer them by phone.

For More Information:

Jewish Family Service

(248) 592-2313

www.jfsdetroit.org